

SRB Invitational 2016

Saturday February 27, 2016

Host: Stanton Rowing Foundation, Inc.

You are cordially invited to join the
competition and fun at the
2016 SRB Invitational.

In this packet is information on the 2016 SRB Invitational,
events and instructions on how to participate.

If you have any questions or need information, please contact
Chris Register at SRBRowingCoach@gmail.com

Please check the website below for information, and updates:
<https://stantonriverbankrowing.wildapricot.org/SRB-Invitational2>

Please respond to this invitation via email by January 31, 2016

SRBRowingCoach@gmail.com

1. LOCATION:

Ortega River Race Course
St. Peter's Church
5042 Timuquana Road
Jacksonville, Florida 32244

2. ELIGIBILITY: Open by Invitation to rowers currently enrolled in 6th through 12th grade.

3. FEES:

Eight: \$80.00
Four/Quad: \$60.00
Double: \$40.00
Single: \$30.00

Cap: \$1000.00 (All entries must be in the same packet)

4. CATEGORIES:

Fastest Boat - Varsity
Next Fastest Boat - Junior Varsity
3rd Fastest Boat - 3rd Level Boat
Freshman - Athletes in 9th grade or lower
Middle School - Athletes in 6th, 7th or 8th grade

Teams must enter a Varsity Boat before a Junior Varsity Boat in the same category. Team must also enter a Junior Varsity Boat before a 3rd Level Boat in the same category. An organization may enter a lightweight or middle school boat without entries in other levels.

Middle School events will not receive points, but will receive medals.

Middle school quad races must have a coxswain.

5. RACE DISTANCE: 1500m

6. DEADLINES:

Reservation: Email by Jan 31, 2016

Entries Due by Email by Monday, February 22, 2016

Registration Paperwork and Payment Due at Registration starting Friday, February 26th at 4 p.m.

7. CANCELLATION POLICY: If, in the opinion of the race management, weather or other unforeseen events cause the race course or venue to become unfit or unsafe, the regatta or events will be cancelled. No refunds will be given.

8. EVENTS:

Coaches & Coxswains Meeting at 7:15 am. Racing Begins at 8:00 am.

EVENT #	EVENT	Approximate Race Times
1	Men's 1X	8:00
2	Women's 1X	8:15
3	Men's 3rd 8	8:30
4	Women's 3rd 8	8:45
5	Men's Varsity 8	9:00
6	Women's Varsity 8	9:15
7	Men's Freshman 4+	9:30
8	Women's Freshman 4+	9:45
9	Women's Middle School 4X with cox	10:00
10	Men's JV 8	10:15
11	Women's JV 8	10:30
12	Men's 2X	10:45
13	Women's 2X	11:00
14	Men's Middle School 4X with cox	11:15
	Lunch Break	
15	Men's Lightweight 4+	12:30
16	Women's Lightweight 4+	12:45
17	Men's Freshman 8	1:00
18	Women's Freshman 8	1:15
19	Men's JV 4+	1:30
20	Women's JV 4+	1:45
21	Men's Varsity 4+	2:00
22	Women's Varsity 4+	2:15
23	Mixed Middle School 4X with cox	2:30

Times will be set based upon number of entries.

Races will be generally run on 10 minute centers.

Be aware that there may be LESS time for doubling than shown in this tentative schedule

Events with only one entry at the registration deadline will be eliminated and the team will be notified in advance of race day. Races with more than 5 entries will be seeded in two or more flights. Medals are awarded by best times of all flights combined.

9. # OF FLIGHTS: The number of flights in each event will be limited to ensure racing is completed by 4:00 p.m. We will fill events based on a first come – first served basis (an incentive to get your entries in early). If you are one of the later crews to enter and cannot be put in a flight, we will put your boat on a waiting list.

10. WAIVERS: All competitors must sign the NOARA liability waiver. Competitors under the age of 18 must sign and have a parent or guardian sign a minor's waiver. Please sign your waiver online at the following link - you can email this link to your athletes: http://www.noara.org/index.php?option=com_chronocontact&chronoformname=waiver_fl_scholastic

This is the only acceptable waiver for this regatta. We will cross reference your list of athletes online at the waiver verification site so we **must** have your list of athletes prior to registration. Please email your list of athletes by February 22, 2016.

11. REGATTA REGISTRATION: Your entries and alphabetized team roster must be submitted via email no later than 5:00 pm, Monday, February 22, 2016.

To receive the Organizational Fee Cap all entries for the team must be in the same Registration Packet

12. RACE DAY: Registration will open at 6:00 a.m. Please check in at registration before the Coaches & Coxswains Meeting for your Race Day packet.

All paperwork and payments must be cleared by the LOC before your team may launch.

13. LIGHTWEIGHT WEIGH-IN:

There will be no weigh-in for lightweight competitors. The honor system will be in place for these events. Coaches will be responsible for making sure that any entries made in these categories meet the following weight requirements:

Boys – 150 lbs or under, no boat average

Girls – 130 lbs or under, no boat average

14. SCRATCHES: Scratches will be accepted without the assessment of a penalty fee until 7:00 am on race day. Entry fees cannot be refunded for scratches. On Saturday, scratches should be reported to registration at least one hour prior to the start of the race. A \$25.00 scratch fee will apply to each entry scratched after 7:00 am.

15. "B" ENTRIES: "B" entries will be allowed first-come, first served. You will be notified after the registration deadline if your "B" entries have been accepted. "B" entries that create another flight will be allowed only at the discretion of the LOC.

16. SEEDING: Seeding of Races will be at the discretion of the LOC. There will be no rearrangements for coaches' preference or need. This includes Hot Seating.

17. BOW MARKERS, BOW BALLS, AND SHOES: Bow Markers (Lanes 1-5) are **REQUIRED** and are **NOT** provided.

No boat may launch without correct bow marker, a proper bow ball and tied-down, quick-release shoes.

18. CALL OF EVENTS: Events will be called 45 minutes prior to the start of the race. Final call will be 30 minutes before the start of the race. Crews must be in the boat holding area at the start 5 minutes prior to the published start time. Crews should be locked on to stake boats two minutes prior to race time. The race will run according to the published times.

19. DOUBLING: Doubling should occur only to allow all rowers a chance to row. Doubling should follow the 25% rule within a category: no more than 2 can double between eights, 1 between fours. Rowers may double between eights and fours. (JV 4's normally come out of Varsity eights). Coxswains and sculling events are exempted from doubling rules, but must meet time constraints. Rowers and coxswains who are doubling will not be given consideration for hot seating. Races will not be held for hot seats. Do not consider hot seating rowers/shells unless you have at least 45 minutes between races. The times in this packet are tentative, and will change.

20. DOCKMASTER & DOCK AREA: The dockmaster has absolute authority over the launch area. Inform the dockmaster if you are doubling rowers/equipment. All crews must have a support team to help get boats and oars in and out of the water quickly. For safety, all non-crew/support personnel must stay outside the launch area.

OARS CANNOT BE LEFT OR STORED IN THE LAUNCH AREA.

CAUTION: YOUR CREWS WILL BE WET LAUNCHING. ALTHOUGH THE LOC WILL MAKE EVERY EFFORT TO CLEAR THE AREA OF HAZARDS AND DEBRIS, THE FLOW OF THE RIVER MAKES IT IMPOSSIBLE TO GUARANTEE THE CONDITION OF THE RIVER BOTTOM. INSTRUCT YOUR CREWS TO WEAR WATER SHOES TO PREVENT FOOT INJURIES.

Please teach your crews to be quick and safe (less than 2 minutes) in a wet launch / landing situation.

Oars need to go in before rowers get in and come out after rowers get out.

21. PARKING: The Church Youth Group / LOC will be directing parking. Parking will not be allowed along Ortega Farms Road. No parking (including tow vehicles and other support vehicles) will be allowed in the shell staging area. The church charges by the car for parking on Saturday. (Past years have been \$5.00 per car). Parking is limited. Local crews are encouraged to carpool.

22. TRAILERS: The LOC will be directing trailer parking. Trailer parking spots will be given on a first come – first served basis. No trailers may arrive before Friday at 2:00 p.m. Tow Vehicles will be required to move to the parking lot across from the site. **Food Trailers are not allowed in the Shell Staging Area; they must park, unload, and reload in the lot across the street.**

23. TENTS: This site has limited space for tents. Most of the area along water front the will be blocked off for spectators. More information will be emailed to the contact person, when the final number of teams is known. Placements of tents are first-come - first-served.

TEAM GRILLS ARE PROHIBITED.

24. SECURITY: Security will be provided on Friday Night. However, you leave boats and equipment at the site at your own risk.

25. COACHES & COXSWAINS MEETING: The Coaches & Coxswains meeting will be held at 7:15 a.m. The Coxswains meeting will not cover the full spectrum of red / white flags, polling crews, etc. The meeting will cover course restrictions, course traffic pattern, and officiating aspects relevant to the conditions encountered that morning. Please teach your coxswains how to back and to scull the boat around to hold the point when attached to a stake boat.

The coaches meeting will take place right after the coxswains meeting and will cover scratches only. Lane changes will not be made for coach's preferences.

A representative from each team must attend.

26. VIEWING OF THE RACES: There is limited waterfront viewing from the race site. The best viewing of the races is from the bridge perpendicular to the race site. The property between the Church and the bridge is private. Please do not sit, stand, or cross this property. We are guests on this site and expect the best sportsmanship from all teams. Unfortunately, on rare occasions, visiting crews have demonstrated poor conduct.

Any poor conduct on the site or bridge (throwing items at cars or boats, for example) will result in team disqualification, forfeiture of medals and points and team removal from the site.

27. CONCESSIONS: Food and commemorative T-shirts will be available.

TEAM GRILLS (Any type of open flame) ARE PROHIBITED.

Please tell your Lead Parents for your food tents!!!

28. CHANGES TO EVENTS: Please stay alert to the possibility of schedule changes. The regatta committee reserves the right to combine or cancel events based on the number of entries received, the weather or the water conditions. The committee also reserves the right to delay or advance the starting times for any event.

29. END OF DAY CLEANUP: We expect each organization to be responsible for cleanup in their boat and tent areas. Please take all trash to the designated dumpster.

30. RESULTS: Results should become official 60 minutes following the conclusion of all flights in an event unless there is a written protest with the \$50.00 protest fee submitted to the chief referee before that time. Results will be posted near the Regatta Headquarters.

31. AWARDS: All medals will be calculated on the best times out of all flights in an event.

Medals:

Events with two boats – Gold Only

Events with three boats – Gold and Silver

Events with four or more boats – Gold, Silver, and Bronze

32. PROTESTS: Protests must be filed in writing with the Chief Referee within 1 hour of the conclusion of the flight. The written protest must be accompanied by \$50.00 cash.

COACHES:PLEASE SHARE THE INFORMATION IN THIS PACKET WITH YOUR PARENTS!

Any issues or problems that parents create may result in penalties to your team.

QUESTIONS:

Have additional questions?

Contact: Chris Register 904-701-4353

SRBRowingCoach@gmail.com

Updates can be found on <https://stantonriverbankrowing.wildapricot.org/SRB-Invitational2>

SRB Invitational – February 27, 2016 Entry and Fee Summary Form

Contact Information

Rowing Organization: _____

Coach/Contact Person: _____

Address: _____

Phone: _____ Fax: _____

Email: _____

EVENT NUMBER	EVENT	# of ENTRIES
1	Men's 1X	
2	Women's 1X	
3	Men's 3rd 8	
4	Women's 3rd 8	
5	Men's Varsity 8	
6	Women's Varsity 8	
7	Men's Freshman 4+	
8	Women's Freshman 4+	
9	Women's Middle School 4X+	
10	Men's JV 8	
11	Women's JV 8	
12	Men's 2X	
13	Women's 2X	
14	Men's Middle School 4X+	
15	Men's Lightweight 4+	
16	Women's Lightweight 4+	
17	Men's Freshman 8	
18	Women's Freshman 8	
19	Men's JV 4+	
20	Women's JV 4+	
21	Men's Varsity 4+	
22	Women's Varsity 4+	
23	Mixed Middle School 4X+	

Boat Class	Entry Fees	# of Entries	Total	
Single	\$30.00			
Double	\$40.00			
Four/Quad	\$60.00			
Eight	\$80.00			
		Total Due	\$	CAP \$1000.00

Fees are payable to **Stanton Rowing**

Organizational Cap: \$1000.00 (All entries must all be on the same registration form)

Competitor Listing Form

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ALPHABETICALLY LIST ALL ATHLETES / DATES OF BIRTH FROM YOUR ORGANIZATION, **OR** ATTACH AN ALPHABETICAL LIST.

Name	DOB/Grade	Name	DOB/Grade
1.		26.	
2.		27.	
3.		28.	
4.		29.	
5.		30.	
6.		31.	
7.		32.	
8.		33.	
9.		34.	
10.		35.	
11.		36.	
12.		37.	
13.		38.	
14.		39.	
15.		40.	
16.		41.	
17.		42.	
18.		43.	
19.		44.	
20.		45.	
21.		46.	
22.		47.	
23.		48.	
24.		49.	
25.		50.	

Organization Name: _____

Contact / Coach's Name: _____

Contact / Coach's Signature: _____

Medical Information Form

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Organization Name: _____

Contact / Coach's Name: _____
Print

	Last Name	# and Event	Seat	Condition
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

- This form must be turned in at registration.
- Please list all conditions that the officials / staff need to know about in event order.
- If you change a lineup and change the seat or event of someone on this list, please inform the Regatta Headquarters.
- Teams with no medical conditions should turn in a form with "None" written on it.
- Use multiple sheets if needed.
- To be cleared to race, this sheet must be turned in to registration.

These are all the rower medical conditions that I know of.

Contact Signature: _____